

## Steps for Doing the New IPs



### One Step at a Time

To do these online IPs and earn the corresponding award, girls will complete SIX (6) steps:



1. **BUILD:** Girls build a skill foundation by doing the IP's REQUIRED activity (separate from the LEARN, DO, SHARE activities).

2. **LEARN** by doing ONE activity from the LEARN category.

3. **DO** by practicing a new skill with ONE activity from the DO category.

4. **SHARE** by doing ONE activity from the SHARE category.

5. **DESIGN** and do an activity called "YOUR OWN" (based on a SMART goal girls plan with your help). Designing a goal and activity of their own is a great way for girls to build and flex leadership skills!

6. **REFLECT:** Girls prepare a short REFLECTION describing what part(s) of the Promise and Law relates to what they did while earning the IP.

### In-Depth Analysis

Let's take a closer look:

1. The **REQUIRED** activity consists of a skill or basic understanding of the IP topic girls will need to better accomplish the rest of the IP's activities. Each IP has one REQUIRED activity separate from the LEARN, DO, SHARE activities.

**WHY:** This first step builds a foundation for girls as they begin work on the IP (therefore, it's important that they complete the

REQUIRED activity before beginning work on the others). The REQUIRED activity serves as a springboard into the topic and sparks their imagination for the next steps.

2. Activities in the **LEARN, DO, SHARE** categories are constructed so that new skills are emphasized while research is secondary and minimal. Girls do one activity of their choice from each category in the order that they appear: 1) LEARN; 2) DO; 3) SHARE.

**WHY:** The LEARN, DO, SHARE model is the result of extensive studies by the Girl Scout Research Institute. Girls consistently mentioned these words as being important to them for meaningful experiences.

3. Designing and doing an activity of their own (called "YOUR OWN") allows girls the freedom and responsibility of setting their own goals. Girls have been advised to work with you before starting to make sure their **YOUR OWN** activity's goals are SMART (**S**imple, **M**easurable, **A**ttainable, **R**ealistic, **T**imely). See [How do I design a SMART goal?](#) and the [Your Role as an Advisor](#) sections for more information.

**WHY:** Girls practice the leadership skill of setting their own goals and creating a plan of how they'll reach those goals.

4. At the conclusion of each IP, girls create a **REFLECTION**. This is a short description of what part(s) of the Promise and Law relates to what they did while earning the IP. Girls will think about how this IP has given them skills or greater understanding to help live out that part(s) of the Promise and Law in their own lives. Next, they'll prepare a REFLECTION that best expresses their experiences and personality, like a:

- 1-2 paragraph description
- Poem
- Song/rap
- Drawing/painting/photograph
- Short movie

**WHY:** To reinforce skills and help make connections with the Promise and Law. The REFLECTION also provides more insightful and deeper appreciation for what they've accomplished. They are free to use a format of their own choosing or the two-page [REFLECTION form](#).